

FOR LABOR ROOM

- PHONE LIST OF WHO TO CALL
- CAMERA/VIDEO CAMERA
- CELL PHONE CHARGERS
- PAPER FOR EXTRA FOOTPRINTS
- HEAVY SOCKS OR SLIPPERS
- LIP BALM
- PONYTAIL HOLDER
- GLASSES (IF YOU WEAR CONTACTS)
- BREATH FRESHENER

FOR HOSPITAL STAY

FOR MOM

- 2 NIGHT SETS
- 1-2 COMFY NURSING BRAS
- 2 PAIR BOY CUT UNDIES
- COMFORTABLE CLOTHES FOR TRIP HOME
- TOILETRIES/MAKEUP
- LASINOH OR SOOTHIES FOR SORE NIPS
- EXTRA PILLOW
- BOOK/COMPUTER/IPAD
- BABY BOOK

FOR BABY

- RECEIVING BLANKET
- GERBER ONESIE
- SOCKS
- MITTENS
- HAT
- GOING HOME OUTFIT

FOR DAD

- 2 DAYS OF CLEAN CLOTHES
- TOILETRIES
- PILLOW
- SNACKS
- INSURANCE CARD
- PEN AND PAPER